

CLOGGING

Clogging is one of the fastest growing dance forms in the country, and for good reason. The American form of clogging is a truly unique dance form that began in the Appalachian Mountains and now enjoys widespread popularity that appeals to people of every age and encompasses every style of music.

Clogging is a percussive step-dance, danced to the down-beat with the heel keeping time. Utilizing fast-paced, intricate foot work coupled with choreographed upper body and arm movements, clogging offers a total body workout.

Dance Level: Tiny Tot - Beginner - Intermediate - Advanced - Competition

(4-5) (6 & up) (Intermediate through Competition level at discretion of director)

(Competition level clogging may begin as early as age 6)

Attire - Comfortable, stretchy clothes and clogging shoes.

You may purchase clogging shoes through Carl's Clogging Supplies at www.carlsclogging.com

Tap shoes are permissible at the Tiny Tot level only and may be purchased through the studio or online at www.dancewearsolutions.com.